

**Dr. Nate Brooks**  
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Curriculum Vitae

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**ACADEMIC AND PROFESSIONAL EXPERIENCE**

<b>Associate Professor of Counseling</b> Southeastern Baptist Theological Seminary, Wake Forest, NC	<b>2023 – Present</b>
<b>Counseling Minister</b> Faith Baptist Church, Youngsville, NC	<b>2023 - Present</b>
<b>Director and Lead Counselor</b> Courage Christian Counseling, LLC, Virtual Counseling Practice	<b>2022 – Present</b>
<b>Assistant Professor of Christian Counseling</b> <b>Coordinator of the Christian Counseling Program</b> Reformed Theological Seminary, Charlotte	<b>2020 – 2023</b> <b>2016 – 2023</b>
<b>Co-Instructor in Biblical Counseling – Online Learning</b> The Southern Baptist Theological Seminary, Louisville, KY	<b>2014 - 2020</b>
<b>Visiting Professor of Biblical Counseling</b> Kyiv Theological Seminary, Kyiv, Ukraine	<b>2019</b>
<b>Visiting Professor of Biblical Counseling</b> Nueva Providencia Reformada Biblia Institutio, Medellin, Colombia	<b>2017 – 2019</b>

**EDUCATION**

<b>Certificate in Global Trauma Recovery</b> Missio Seminary, Philadelphia, PA	<b>Spring 2022</b>
<b>Ph.D. in Biblical Counseling</b> Southwestern Baptist Theological Seminary, Fort Worth, TX Minor: Systematic Theology	<b>December 2019</b>
<b>Master of Divinity in Pastoral Ministry</b> The Southern Baptist Theological Seminary, Louisville, KY	<b>May 2016</b>
<b>Bachelors of Science in Business Administration</b> The Master's University, Santa Clarita, CA Double Emphases: Pre-Law and Christian Ministries Administration	<b>May 2009</b>

## PROFESSIONAL CERTIFICATIONS AND MEMBERSHIPS

Association of Biblical Counselors (ABC) - Advanced Certificate  
Board Member, *Help[H]er*

## PUBLICATIONS

### Books

Brooks, Nate. *A Change of Heart: Making Sense of How Human Beings Change*. Greensboro: Shepherd Press, 2022.

Brooks, Nate and Anna Mondal. *Help! Our Sex Life is Troubled by Past Abuse*. Lifeline Minibooks. Greensboro: Shepherds Press, 2020.

### Journal Articles, Book Chapters, and Essays

“The *Imago Dei*, Racial Equality, and Intellectual Honesty” United? We Pray Essays. March 2021.

Contributor, *Intro to Loving Messy People* (Shepherd Press, 2021).

“CBT and the Affections: A Disqualifying Deficiency.” *Journal of Biblical Soul Care*. 4 no. 1 (2020): 56-72.

“The Sluggard and Covenant Faithfulness: Understanding the Nature of True Virtue and the Call to Industry in Proverbs.” *Southern Baptist Journal of Theology* 22 no. 4 (2018): 41-51.

“I Don’t Want to Worship that Way” in Nate Brooks ed., *Off the Beaten Path: Four Less Traveled Texts for Biblical Counselors*. Charlotte: Reformed Theological Seminary, 2017.

### Popular Articles

“When Good Doctrine Enables Abuse” *Biblical Counseling Coalition*, January 2023

“When Your Spouse Suffers from Chronic Pain or Illness Parts One and Two,” *Biblical Counseling Coalition*, November 2022

“You Have Heard of the Complexity of Job” *Biblical Counseling Coalition*, August 2022

“Understanding the DSM” *Biblical Counseling Coalition*, February 2022

“Why Won’t My Feelings of Church Hurt Go Away?” *Biblical Counseling Coalition*, October 2021

“How a Husband Isn’t Like Christ” *Biblical Counseling Coalition*, April 2021

“The Story of David and Whom?” *Biblical Counseling Coalition*, February 2021

“When I Recognized Race: Nate Brooks” *United We Pray*, November 2020

“Importing Trouble: The Cost of Caring for Abusers” *Institute for Biblical Counseling and Discipleship*, November 2020

“If They Can’t Make It, How Can I?” *Biblical Counseling Coalition*, October 2020

“Does Secular Psychology Affect How We Talk About Change?” *Biblical Counseling Coalition*, July 2020

“Interpreting Counselees’ Experience” *Biblical Counseling Coalition*, April 2020

“The Suffering Arms Race” *Biblical Counseling Coalition*, January 2020

“Good Gifts from a Good Father” *Biblical Counseling Coalition*, December 2019

“God’s Emotions and Mine: Divine Impassibility and Anger in Counseling” *Biblical Counseling Coalition*, November 2019

“Covert Patriarchy,” 4 article series, *Institute for Biblical Counseling and Discipleship*, October 2019

“Law, Gospel, and Purity Culture” *Association of Certified Biblical Counselors*, September 2019

“Fear of Death” *Biblical Counseling Coalition*, May 2019

“Counseling Beyond Mere Monotheism” *Biblical Counseling Coalition*, November 2018

“Is Biblical Counseling Really CBT?” *Association of Certified Biblical Counselors*, June 2018

“Changing What is Out of Reach: The Centrality of Affections in Transformation” *Biblical Counseling Coalition*, June 2018

“Face to Face Counseling” *Biblical Counseling Coalition*, March 2018

“At Last! The Joys and Opportunities of the Honeymoon Stage” *Biblical Counseling Coalition*, February 2018 (also translated into Spanish)

“If Christian Cognitive Behavioral Therapy Works, Then Why Isn’t It an Ally?” *Biblical Counseling Coalition*, November 2017

“Thoughts for Young Counselors” *Biblical Counseling Coalition*, April 2017 (also translated into Portuguese)

### **Book Reviews**

“Gwen Tells Tales” *Biblical Counseling Coalition*, January 2022

“Help! I’ve Been Diagnosed with a Mental Disorder” *Biblical Counseling Coalition*, December 2021

“Table for Two” *Biblical Counseling Coalition*, June 2021

“The Logic of the Body” *Journal of Reformed Faith and Practice* (forthcoming, 2021)

“Untangling Emotions” *Biblical Counseling Coalition*, March 2020

“Human Nature from Calvin to Edwards” *Biblical Counseling Coalition*, February 2020

“Love Thy Body” *Biblical Counseling Coalition*, August 2019

“Richard Baxter, Integrationist? A Review of *Depression, Anxiety, and the Christian Life* by Michael Lundy” *Biblical Counseling Coalition*, January 2019

“Review: Science of Virtue” *Journal of Biblical Soul Care*, 1 no. 2 (2018): 103-106

“Biblical Counseling Basics” *Biblical Counseling Coalition*, August 2018

“God’s Grace in Your Suffering” *Biblical Counseling Coalition*, July 2018

“A Theology of Biblical Counseling” *Biblical Counseling Coalition*, July 2017

“The Dynamic Heart in Daily Life” *Biblical Counseling Coalition*, May 2017

“Look and Live: A Book Review” *The Gospel Coalition*, January 2015

### **Podcasts & Radio**

Interview. “Is the Bible Trauma Informed?” WORD FM Pittsburg. 11.10.22

Stuff with Eliza

“Help! Our Sex Life is Troubled by Past Abuse” 4-Freedom Ministries, February 2022

“Dr. Nate Brooks” Biblical Counseling Coalition, 15:14 podcast, January 2022

“Why My Feelings of Church Hurt Won’t Go Away” 4-Freedom Ministries, December 2021

“Hope + Help for Intimacy & Past Abuse” Hope + Help Podcast: The Institute for Biblical Counseling & Discipleship, November 2020

“Why Do Christians Need Counseling If They Have the Holy Spirit?” Wisdom Wednesday Series. Reformed Theological Seminary, September 2020

“Should Christians Be Skeptical About Counseling?” The Gospel Coalition, July 2020

## **PRESENTATIONS & PROFESSIONAL MEETINGS**

Speaker, “The History of Soul Care,” 3 lectures, IBCD Legacy Conference, June 2021

Breakout Speaker, “Counseling and Union with Christ” ACBC National Conference (forthcoming – October 2021)

Breakout Speaker, “Do Biblical Counselors and Integrationists Understand the Holy Spirit the Same Way?” ACBC National Conference, October 2020

Breakout Speaker, “Cognitive Behavioral Therapy: Is the Mind Central to Change?” ACBC National Conference, October 2019

“Biblical Sufficiency: A Cross-Disciplinary Colloquium”  
Southeastern Baptist Theological Seminary, March 2019

“ACBC Colloquium: PTSD”  
Association of Certified Biblical Counselors, August 2018

Paper Presentation, “The Sluggard and Covenant Faithfulness: Work and Industry in the Book of Proverbs,” *Evangelical Theological Society – Southeast Region*, 2017

## **CHURCH INFORMATION**

Lake Wylie Baptist Church  
16105 Grand Palisades Pkwy  
Charlotte, NC 28278

Ordained, November 2020