

Dr. Nate Brooks
nbrooks@sebts.edu

Curriculum Vitae

ACADEMIC AND PROFESSIONAL EXPERIENCE

Associate Professor of Counseling Southeastern Baptist Theological Seminary, Wake Forest, NC	2023 – Present
Counseling Minister Faith Baptist Church, Youngsville, NC	2023 - Present
Director Courage Christian Counseling, LLC, Virtual Counseling Practice	2022 – Present
Assistant Professor of Christian Counseling Coordinator of the Christian Counseling Program Reformed Theological Seminary, Charlotte	2020 – 2023 2016 – 2023
Co-Instructor in Biblical Counseling – Online Learning The Southern Baptist Theological Seminary, Louisville, KY	2014 - 2020

INTERNATIONAL TEACHING

Santiago Theological Seminario (Santo Domingo, Dominican Republic)
Pioneers International (Calp, Spain)
Ukrainian Baptist Theological Seminary (Lviv, Ukraine)
Kyiv Theological Seminary (Kyiv, Ukraine)
Nueva Providencia Reformada Biblia Instituto (Medellin, Colombia)

EDUCATION

Certificate in Global Trauma Recovery Missio Seminary, Philadelphia, PA	Spring 2022
Ph.D. in Biblical Counseling Southwestern Baptist Theological Seminary, Fort Worth, TX Minor: Systematic Theology	December 2019
Master of Divinity in Pastoral Ministry The Southern Baptist Theological Seminary, Louisville, KY	May 2016
Bachelors of Science in Business Administration The Master's University, Santa Clarita, CA Double Emphases: Pre-Law and Christian Ministries Administration	May 2009

PROFESSIONAL CERTIFICATIONS AND MEMBERSHIPS

Association of Biblical Counselors (ABC) - Advanced Certificate
Board Member – Christian Trauma Healing Network

PUBLICATIONS

Books

Brooks, Nate. *True Power: The Godly Man's Guide to Strength*. Phillipsburg: P&R Publishing, (slated for publication in late 2026)

Brooks, Nate. *Disrupted Journey: Walking with Your Loved One Through Chronic Pain and Illness*. Phillipsburg: P&R Publishing, 2025.

Brooks, Nate. *Identifying Heart Transformation: Understanding Different Kinds of Human Change*. Greensboro: Shepherd Press, 2022.

Brooks, Nate and Anna Mondal. *Help! Our Sex Life is Troubled by Past Abuse*. Lifeline Minibooks. Greensboro: Shepherds Press, 2020.

Journal Articles, Book Chapters, and Essays

“Both Theocentric and Anthropocentric: A Clinically-Informed Biblical Counseling Approach to Knowledge & Counseling” *The Hanover Review*. (forthcoming in a special issue on counseling approaches)

“I Never Reconcile Friends: The Complementarity of Common Grace and Counseling” *Southeastern Theological Review* 16.2 (Fall 2025): 35-45

“Working Through Sexual Abuse With Christian Patients” in *The Routledge Handbook on Religion and Sex Therapy*. London: Routledge, 2025.

“Theology & Experience in the Discipline of Counseling for *P&R Publishing Academic Newsletter*, 2025.

“What Is Redemptive Counseling/Clinically Informed Biblical Counseling” An SEBTS White Paper. 2024 (principal author)

“Everybody Integrates: Biblical Counseling and the Use of Extrabiblical Material” *Southeastern Theological Review* 15.1 (Spring 2024): 7-19.

“The Psychology (and Mystery) of Conversion” in *Thine Eye Diffused a Quickening Ray* (forthcoming, Crossway)

“Book Review: Biblical Counseling and Common Grace.” London Lyceum, January 2024.

“The *Imago Dei*, Racial Equality, and Intellectual Honesty” *United? We Pray Essays*. March 2021.

Contributor, *Intro to Loving Messy People* (Shepherd Press, 2021).

“CBT and the Affections: A Disqualifying Deficiency.” *Journal of Biblical Soul Care*. 4 no. 1 (2020): 56-72.

“The Sluggard and Covenant Faithfulness: Understanding the Nature of True Virtue and the Call to Industry in Proverbs.” *Southern Baptist Journal of Theology* 22 no. 4 (2018): 41-51.

“I Don’t Want to Worship that Way” in Nate Brooks ed., *Off the Beaten Path: Four Less Traveled Texts for Biblical Counselors*. Charlotte: Reformed Theological Seminary, 2017.

Popular Level Articles

“Promise and Exploitation: Marital Abuse in the Genesis Narrative” *The Gospel Coalition*, May 2024.

“What About the Abused Spouse’s Sin?” *Biblical Counseling Coalition*, April 2024

“Holistic Counseling for Fired Pastors” *Biblical Counseling Coalition*, January 2024

“What Did David Powlison Teach about Scripture and Psychology” *Biblical Counseling Coalition*, October 2023

“When Good Doctrine Enables Abuse” *Biblical Counseling Coalition*, January 2023

“When Your Spouse Suffers from Chronic Pain or Illness Parts One and Two,” *Biblical Counseling Coalition*, November 2022

“You Have Heard of the Complexity of Job” *Biblical Counseling Coalition*, August 2022

“Understanding the DSM” *Biblical Counseling Coalition*, February 2022

“Why Won’t My Feelings of Church Hurt Go Away?” *Biblical Counseling Coalition*, October 2021

“How a Husband Isn’t Like Christ” *Biblical Counseling Coalition*, April 2021

“The Story of David and Whom?” *Biblical Counseling Coalition*, February 2021

“When I Recognized Race: Nate Brooks” *United We Pray*, November 2020

“Importing Trouble: The Cost of Caring for Abusers” *Institute for Biblical Counseling and Discipleship*, November 2020

“If They Can’t Make It, How Can I?” *Biblical Counseling Coalition*, October 2020

“Does Secular Psychology Affect How We Talk About Change?” *Biblical Counseling Coalition*, July 2020

“Interpreting Counselors’ Experience” *Biblical Counseling Coalition*, April 2020

“The Suffering Arms Race” *Biblical Counseling Coalition*, January 2020

“Good Gifts from a Good Father” *Biblical Counseling Coalition*, December 2019

“God’s Emotions and Mine: Divine Impassibility and Anger in Counseling” *Biblical Counseling Coalition*, November 2019

“Covert Patriarchy,” 4 article series, *Institute for Biblical Counseling and Discipleship*, October 2019

“Law, Gospel, and Purity Culture” *Association of Certified Biblical Counselors*, September 2019

“Fear of Death” *Biblical Counseling Coalition*, May 2019

“Counseling Beyond Mere Monotheism” *Biblical Counseling Coalition*, November 2018

“Is Biblical Counseling Really CBT?” *Association of Certified Biblical Counselors*, June 2018

“Changing What is Out of Reach: The Centrality of Affections in Transformation” *Biblical Counseling Coalition*, June 2018

“Face to Face Counseling” *Biblical Counseling Coalition*, March 2018

“At Last! The Joys and Opportunities of the Honeymoon Stage” *Biblical Counseling Coalition*, February 2018 (also translated into Spanish)

“If Christian Cognitive Behavioral Therapy Works, Then Why Isn’t It an Ally?” *Biblical Counseling Coalition*, November 2017

“Thoughts for Young Counselors” *Biblical Counseling Coalition*, April 2017 (also translated into Portuguese)

Popular-Level Book Reviews

“Gwen Tells Tales” *Biblical Counseling Coalition*, January 2022

“Help! I’ve Been Diagnosed with a Mental Disorder” *Biblical Counseling Coalition*, December 2021

“Table for Two” *Biblical Counseling Coalition*, June 2021

“The Logic of the Body” *Journal of Reformed Faith and Practice* (forthcoming, 2021)

“Untangling Emotions” *Biblical Counseling Coalition*, March 2020

“Human Nature from Calvin to Edwards” *Biblical Counseling Coalition*, February 2020

“Love Thy Body” *Biblical Counseling Coalition*, August 2019

“Richard Baxter, Integrationist? A Review of *Depression, Anxiety, and the Christian Life* by Michael Lundy” *Biblical Counseling Coalition*, January 2019

“Review: Science of Virtue” *Journal of Biblical Soul Care*, 1 no. 2 (2018): 103-106

“Biblical Counseling Basics” *Biblical Counseling Coalition*, August 2018

“God’s Grace in Your Suffering” *Biblical Counseling Coalition*, July 2018

“A Theology of Biblical Counseling” *Biblical Counseling Coalition*, July 2017

“The Dynamic Heart in Daily Life” *Biblical Counseling Coalition*, May 2017

“Look and Live: A Book Review” *The Gospel Coalition*, January 2015

PRESENTATIONS & PROFESSIONAL MEETINGS

Speaker, Association of Biblical Counselors Annual Conference, May 2026.

Speaker, SEBTS Counseling Conference, March 2026.

Speaker, Association of Biblical Counselors Annual Conference, May 2025.

Keynote Speaker, SEBTS Counseling Conference, March 2025.

Paper Presentation, “I Never Reconcile Friends” SEBTS Counseling Symposium. March 2025.

Paper Presentation, “Both Theocentric and Anthropocentric” EST Regional Conference, March 2025. Wake Forest, NC.

Paper Presentation, “I Never Reconcile Friends: The Complementarity of Scripture and Common Grace,” ETS National Conference, November 2024. San Diego, CA.

Speaker, “Domestic Abuse as Anti-Gospel,” EFCA Theology Conference, February 2024

Paper Presentation, “Everybody Integrates,” SEBTS Counseling Symposium March 2022.

Speaker, “The History of Soul Care,” 3 lectures, IBCD Legacy Conference, June 2021

Breakout Speaker, “Counseling and Union with Christ” ACBC National Conference October 2021

Breakout Speaker, “Do Biblical Counselors and Integrationists Understand the Holy Spirit the Same Way?” ACBC National Conference, October 2020

Breakout Speaker, “Cognitive Behavioral Therapy: Is the Mind Central to Change?” ACBC National Conference, October 2019

“Biblical Sufficiency: A Cross-Disciplinary Colloquium”
Southeastern Baptist Theological Seminary, March 2019

“ACBC Colloquium: PTSD”
Association of Certified Biblical Counselors, August 2018

Paper Presentation, “The Sluggard and Covenant Faithfulness: Work and Industry in the Book of Proverbs,” *Evangelical Theological Society – Southeast Region*, 2017

CHURCH INFORMATION

Faith Baptist Church
Franklinton, NC

Ordained, November 2020
Lake Wylie Baptist Church
Charlotte, NC 28278